



**Blessed Sacrament Bulldog Café January 2018**  
**Lunches are Prepared for Pre- K through 8th Grade**



| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Alternate Choices  |
|---|---|---|--|---|--|
|   | <b>2-Jan</b>  | <b>3-Jan</b>  | <b>4-Jan</b>   | <b>5-Jan</b>  | <b>#1 Chicken Nuggets</b>  |
|   | <b>Chicken Nuggets</b><br>french fries<br>green beans<br><br>Fruit            | <b>Ham &amp; Cheese Pretzel Roll</b><br>potato wedges<br>broccoli<br><br>Fruit      | <b>Taco Salad</b><br>lettuce,cheese,tomatoes<br>refried beans<br>corn<br>Fruit | <b>Pizza Dunkers</b><br>salad<br>carrots & celery<br><br>Fruit        | veggies<br>fruit<br>milk   |
| <b>8-Jan</b>  | <b>9-Jan</b>  | <b>10-Jan</b>   | <b>11-Jan</b>  | <b>12-Jan</b>   | <b>#2 Chef Salad</b>   |
| <b>Corn Dogs</b><br>buttered noodles<br>broccoli<br><br>Fruit   | <b>Meatball Sub</b><br>french fries<br>carrots & peas<br><br>Fruit            | <b>Chicken Fajitas</b><br>lettuce,cheese,tomatoes<br>refried beans<br>corn<br>Fruit | <b>Cheese Omlets</b><br>french toast<br>sausage patty<br><br>Juice             | <b>Chicken Patty on bun</b><br>tator tots<br>green beans<br><br>Fruit | Lettuce, meat, cheese<br>eggs, fresh veggies<br>fruit and crackers<br>milk   |
| <b>15-Jan</b>   | <b>16-Jan</b>   | <b>17-Jan</b>   | <b>18-Jan</b>  | <b>19-Jan</b>   |  |
| <b>No School</b>  | <b>Hot Dogs on bun</b><br>french fries<br>broccoli with cheese<br><br>Fruit   | <b>Chicken &amp; Biscuit</b><br>mashed potatoes<br>peas & carrots<br><br>Fruit      | <b>Walking Tacos</b><br>lettuce,cheese,tomatoes<br>rice<br>corn<br>Fruit       | <b>Early Dismissal<br/>No Lunch</b>                                   |  |
| <b>22-Jan</b>   | <b>23-Jan</b>   | <b>24-Jan</b>   | <b>25-Jan</b>  | <b>26-Jan</b>   |  |
| <b>Pasta &amp; Meatballs</b><br>salad<br>green beans<br>breadsticks<br>Fruit  | <b>Hamburger on bun</b><br>potato wedges<br>broccoli with cheese<br><br>Fruit | <b>Chicken Quesadilla</b><br>rice<br>corn<br><br>Fruit                              | <b>Bbq Riblets</b><br>tots<br>peas & carrots<br><br>Fruit                      | <b>Breakfast Burrito</b><br>sausage crumble<br>hashbrown<br><br>Fruit | Must choose 3 items<br>to make it a meal &<br>1 must be fruit or veegie      |
| <b>29-Jan</b>   | <b>30-Jan</b>   | <b>31-Jan</b>   |  |   |  |
| <b>Chicken Nuggets</b><br>mashed potatoes<br>green beans<br><br>Fruit   | <b>Soft Tacos</b><br>lettuce,cheese,tomatoes<br>rice<br>corn<br>Fruit         | <b>Ham &amp; Cheese Pretzel Roll</b><br>tator tots<br>peas & carrots<br><br>Fruit   |  |   | Milk choice include<br>1% white<br>fat free chocolate<br>fat free strawberry |
|   |   |   |  |   |  |
| Any questions or concerns,<br>contact Barb Pronko at<br>455-7113 or email<br><a href="mailto:bpronko@bserie.org">bpronko@bserie.org</a> |   |   |  |   | A selected fruit: canned,<br>fresh, or 4oz juice is                          |

milk is included with the a lunch- juice can not be substituted.

**\*Menu Subject to Change\***

offered daily